



Prospectus / Course Details

Living Nutrition Practitioner Course

“Available for everyone with an interest in Natural Health”

**College of Living Nutrition
Regent's University, Regent's Park, London**

**Birmingham Course started Saturday 12th March
2022**

**At Aston University
But you can still enrol for this course**

**London Course STARTS SATURDAY 8th October
2022**

At Regent's University- Enrol Now

Both available on live-stream

**One year practical and professional Living Nutrition
Practitioner Part-Time Weekend based (see dates
below) in**

Regent's University (Regent's Park, Inner Cir, London NW1 4NS)

or

Aston University (Aston St, Birmingham B4 7ET)
Or
by Live-Streaming

This is a unique opportunity for you to become a Living Nutrition Practitioner. The course is designed to inspire students to become successful and confident practitioners equipped with powerful tools.

**Call the College Principal 07909 992260 to discuss
or email: john.jezewski@outlook.com**

- 1. "Living nutrition practitioner course available for everyone with an interest in Natural Health"**

Get a One Year Nutrition Diploma attending this course in London or Birmingham or by Live Streaming using Zoom

**College of Living Nutrition
Regent's University, Regent's Park, London**

Enrol now for the course starting in London 8th October 2022 - to May 2023 Please call the college principal at

 07909 992260 or  email
john.jezewski@outlook.com

OR

College of Living Nutrition

Aston University, Birmingham

Enrol now for the course which started 12th March 2022 and runs through to November 2022 at Aston University, Birmingham

Please call the college principal at  07909 992260 or 
email john.jezewski@outlook.com

APPLY NOW

The Living Nutrition course is registered with the Federation of Nutrition Therapy Practitioners (**FNTP**) and the **CMA** (Complementary Medical Association), which is internationally recognised as a force in professional, ethical complementary medicine by doctors, professional practitioners and the general public. Upon completion of the course you can gain membership of the CMA, or FNTP which in addition to supplying professional accreditation can also provide a number of extra benefits.

<http://www.fntp.org.uk/>

www.the-cma.org.uk

★ The course is fully recognised by **Balens Insurance**, the main alternative practitioner insurance group. ★

Who can apply for this Nutrition Diploma in London

This course is open to anyone who has a keen interest in natural health. It is also open to existing practitioners from any discipline.

If you have any questions, please do not hesitate to [contact us](#).

If you want to apply, please click on the **Apply Now** button on the website

OUTCOME AND CAREER PROSPECTS

The goal of our nutrition course is to enable students to **significantly improve their understanding of health** and in so doing have the tools to improve their **own health** and the **health of their clients**.

The training will encourage students to focus on setting-up their **own business** or enhance **their existing health business**. The opportunities include running a successful **nutrition clinic, running a commercial website supplying natural health products, setting up a health store, providing an online advice and nutrition consultation service, researching and authoring nutrition-based books and e-books, offering demonstrations and talks to groups, running seminars and retreats** or even becoming an **intrepid explorer**

searching for the finest foods and supplements from around the world.

Enjoy a life-changing experience by attending our part-time nutrition course now

CLINICAL EXPERIENCE

Case-taking will be demonstrated as part of the course in a clinical environment. The students will be taught to take cases. The course fees include supervision of cases taken by students. They will be supported in accomplishing their own transformation to a healthy lifestyle.

The students will be expected to submit two cases and will take short tests as part of their graduation process.

TEACHING STAFF

John Jezewski BSc (Hons.), LCPH, DLN, FNTP - Principal

The course is led by John Jezewski, a qualified Nutritionist and Homeopath, since 1992. John is the Principal of the College of Living Nutrition and has been teaching nutrition and homeopathy since 1996. There will be a number of guest teachers on the course.

Ron Prescott Naturopath

Kate Elgar – Nutritionist

Holly Paige – Nutritionist

Jennie Varney – Nutritionist and Homeopath

Tony Jackson – Nutritionist

Lisa Percox – Homeopath

Truth Calkins – Tonic Herbalist

2. Syllabus

Nutritional Therapy studies (macro nutrients, micro nutrients, digestion, calories, supplements, etc.)/Dietary Changes - looking at diets to suit the client - alkaline, raw, keto, Sirt, Lifefood, Food Combining, Blood Group etc/Anatomy and Physiology/Detoxification/Lifestyle change/Upgrading health/Bio-hacking/Brain health/Hormone health/Aetiology/Longevity/Chronic disease/Tonic herbs/Nutrigenomics /Microbiome/Homeopathy for Acutes/Chronic Diseases/Holistic dentistry/Clinical Work/Acute Diseases/Testing - blood, saliva, stool, DNA, etc./Muscular and Bone Health/Business Building

This course includes:

- ✓ 7 teaching weekends covering the syllabus described

above and several evening sessions on Zoom from 7pm to 8.30pm

An optional residential **weekend Conference/Retreat in Glastonbury** - experience a wide range of therapeutic modalities.

Designed to inspire students to become successful, confident practitioners becoming a qualified Living Nutrition Health Practitioner

Policy on payments - all payments are non-refundable.

On successful completion of the course you will obtain a Diploma in Living Nutrition.

3. The dates for 2022/23 are as follows:

Birmingham Course

The dates for 2022 are as follows (at Aston University in Birmingham or live-streaming) :

12-13 March, 2022

9-10 April, 2022

21-22 May, 2022

2-3 July, 2022

17-18 September, 2022

15-16 October, 2022

19-20 November, 2022

**Optional residential Conference/Retreat 27-29 May
2022 in Glastonbury**

London Course

**Dates for London Practitioner Course 2022/2023 at
Regent's University :-**

8/9 October 2022

12/13 November 2022

7/8 January 2023

4/5 February 2023

4/5 March 2023

1/2 April 2023

6/7 May 2023

**9-11 June 2023 Optional Residential
Conference/Retreat in Glastonbury**

4. Testimonials:

"If you are considering the course with The College of Living Nutrition; I can highly recommend it. I graduated from the course 5 years ago. It has set me up with the cutting edge information and essential professional practice skills to allow me to build my nutrition business. I now offer consultations, coaching, courses, workshops and health-check clinics. I am also at the beginning of an exciting new venture - developing a residential Health Learning venue on the west coast of Scotland."

Janette McSkimming BA(Hons) LC Hom, Post Dip
Advanced LNP.
Homeopath and Living Nutrition Practitioner

"I have been practising in natural health for twenty years following a life long interest in nutrition and well-being. I can honestly say I have made the fastest strides forward in my knowledge and practice during The Living Nutrition Course than at any other time in my professional journey. The material is condensed yet complete, easy to assimilate, and clarifies any previous uncertainties about the details in any area. John's knowledge bank is extraordinarily eclectic. He takes

inspiration from the near and far reaches of the natural health movement and grounds it all into workable methodologies. There is no course like this to my knowledge. And yet it is affordable and practicable to attend. There is a cooperative and supportive atmosphere amongst the students, making the weekends ones to look forward to. My own personal health practices have been sharpened and reinforced too. Thank you so much to John Jezewski, his team and students!"

Holly Paige (Living Nutrition Practitioner)

"The Living Nutrition course is practical and experiential with cutting edge information that keeps you ahead of the game. The style of teaching is relaxed and inclusive and the students that are attracted to the course ensures there is a sense of community of like - minded individuals."

Lynda May (Living Nutrition Practitioner and Colour Therapist)

"I am a current first year student and I can only say that the course for me has been life changing! It has given

me the tools, skills and knowledge to not only work on my own healing but also support others through the power of living nutrition and identifying the root causes of dis-ease. The content of the course is in-depth, fascinating and engaging. John has a lot of enthusiasm and passion for what he does and this comes across in his teaching. He has a wealth of knowledge and is always willing to ensure that you are having a fantastic and meaningful learning experience. I am sincerely looking forward to moving on to the second year."

Anisha Chauhan

"I graduated in my first year at the college of living nutrition in 2017. Before commencing this course I was struggling with being vegan because I had no idea what I was doing or what was even healthy. I also new that I wanted to learn so I could teach other people and build a business for myself. This course was different from any other course I'd done. There were a lot of light bulb moments, harsh truths, reality checks - all of which contributed to my own self analysis and improvement in health. This course began a journey of self discovery for me, finally being able to understand my body and what I need and my health is always improving the more I continue to learn from John. Thank you John for your knowledge, wisdom and care in helping your students

succeed - it really shows."

Helen Buley BSc (Hons), LNP - Health and Energy Coach

5. **Birmingham** - The price is £2100. If you pay in full you get £200 discount making a total of £1900. If you pay in full on our website via Paypal they have an offer where you pay them in three interest-free instalments. You can also pay in instalments over the next 6 months (6 payments of £350). Includes all tuition and notes. The optional residential Conference/Retreat in Glastonbury is an additional £295 for tuition, food and accommodation.

London - The price is £2300. If you book by the 31st of May 2022 you get a discount of £350 making it £1950. If you pay in full you get an additional discount of £300 making a total of £1650. If you pay in full on our website via Paypal they have an offer where you pay them in three interest-free instalments. You can also pay in 10 monthly instalments of £195 which is a total of £1950. Includes all tuition and notes. The optional residential Conference/Retreat in Glastonbury is an additional £295 for tuition, food and accommodation.